



Sunday Gospel Activities

Name: _____

Wednesday, February 14, 2024
Worksheet for ages 7 to 10 years old

1. Today is _____ Wednesday. We begin the liturgical or Church season of _____.

This is one of the most holy and special times of the year. What great event are we preparing for?

- (a) Easter, the Resurrection of the Lord (b) Christmas, the birth of Jesus
(c) Pentecost, the descent of the Holy Spirit (d) New Year's Day

2. From which book of the Bible is today's first reading?

Exodus Joel John Deuteronomy

Where is this book found in the Bible?

- (a) Old Testament (b) New Testament

3. From which book of the Bible is today's second reading?

Titus Philemon 2 Corinthians 1 John

Who did God give us for our salvation?

4. From which book of the Bible is today's Gospel reading?

Matthew Mark Luke John

What three things does Jesus talk about in this reading?

- (a) Eating, Sleeping, Shopping (b) Peter, James and John
(c) Giving Alms, Prayer and Fasting

5. During Lent, we are asked to give alms, pray, and fast. Giving alms is sharing what you have: money, food, things – with others who need them. Prayer is talking with God. And to fast means to give up something we like: a specific food, video games, TV.

Talk with your family about what you will do for Lent this year to grow closer to God and be prepared for Jesus's resurrection at Easter.



Sunday Gospel Activities

Name: _____

Wednesday, February 14, 2024

Worksheet for ages 11 to 14 years old

1. What day is it today in the Church's calendar?
2. This is one of the most holy and special times of the year. What do we call this liturgical or Church season? What great event are we preparing for?
2. From which book of the Bible is today's first reading?
Where is this book found in the Bible?
3. From which book of the Bible is today's second reading?
4. From which book of the Bible is today's Gospel reading?
5. What 3 important things does Jesus talk about in the Gospel?
6. During Lent, we are asked to give alms, pray, and fast. Giving alms is sharing what you have: money, food, things – with others who need them. Prayer is talking with God. And to fast means to give up something we like: a specific food, video games, TV.
Talk with your family about what you will do for Lent this year to grow closer to God and be prepared for Jesus's resurrection at Easter.



Catholic Mom
HOLY CROSS
FAMILY MINISTRIES

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Answer Key

Today is Ash Wednesday, the beginning of Lent.

Lent lasts for 40 days, we prepare for Easter, Jesus' Resurrection.

Readings: 1st – Joel, Old Testament

2nd – 2 Corinthians

Gospel- Mark, Give Alms, Pray and Fast

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THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER.