



Sunday Gospel Activities

Name: _____

Sunday, February 11, 2024

Worksheet for ages 7 to 10 years old

1. Today is the _____ Sunday in Ordinary _____.
2. What is the name of the church that you're attending, in person or virtually, today?

Have you been to this church before? No, never. Yes, just once.

Yes, a few times. Yes, I've been to this church many times!

Jesus wants us to enjoy coming to Mass. What are some ways that kids your age can make coming to church more interesting?

- Bring a kid's Bible to read during Mass. -Bring a Rosary to Mass.
- Try to pay close attention to what the priest is doing.
- Sit in a front pew or seat so it's easier to see what's happening during Mass.
- Participate by singing and reciting the prayers with everyone.
- Bring a picture of Jesus to color.

- _____
3. From which book of the Bible is today's second reading?

1 Peter 2 Peter 1 John 2 John 3 John 1 Corinthians 2 Corinthians

4. From which Gospel is today's reading taken?

Matthew Mark Luke John

Who did Jesus heal in this reading?

- (a) A man with leprosy (b) A blind woman (c) An injured child

4. This coming Wednesday is a very special day. What day is it?

- (a) Jesus' birthday (b) Ash Wednesday, the beginning of Lent

- (c) The start of the Ordinary season

5. The Church asks us to pray more and to make small sacrifices for Jesus during this upcoming season. Don't forget to start your Lenten practices this Wednesday!



Sunday Gospel Activities

Name: _____

Sunday, February 11, 2024

Worksheet for ages 11 to 14 years old

1. What day is it today in the Church's calendar?
2. What is the name of the church that you're attending, in person or virtually, today?
Have you been to this church before?
Jesus wants us to enjoy coming to Mass. What are some ways that kids your age can make coming to church more interesting?

3. From which book of the Bible is today's second reading?

4. From which book of the Bible is today's Gospel reading taken?

What miracle did Jesus perform in this reading?

5. During the Eucharistic Prayer, the priest stops reading and we all recite the Memorial Acclamation. Which one did you recite or sing, today? ("We proclaim your Death, O Lord...", or "When we eat this Bread...", or "Save us, Savior of the World...")

6. This coming Wednesday is a very special day. What day is it?

What does the Church ask us to do on this day? (Hint: We're asked to give up something.)

What other day of the year are we asked to make this same small sacrifice?

7. This coming Wednesday is not a holy day of obligation, but it's still a wonderful day to attend Mass. What might you receive on your forehead if you go?



Catholic Mom
HOLY CROSS
FAMILY MINISTRIES

Sunday Gospel Activities

Answer key:

6th Sunday in Ordinary Time

Readings: 2nd is from 1 Corinthians; Gospel, Mark

Jesus heals a leper.

Ash Wednesday is Feb 14, 2024.

Rules on Fasting and Abstinence (from [Fast & Abstinence | USCCB](#))

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

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