

# Praying the Rosary: The Joyful Mysteries

With Scripture References and Reflections



[FAMILYROSARY.ORG](http://FAMILYROSARY.ORG)

# Why Family Prayer?

Vatican II recognized the family as the fundamental and essential building block of society and the Church. It taught that the family is a true, small, “domestic church.” The family home is the privileged place in which to come to know and love God and the saints.

Family prayer invites God into family homes and hearts as the most powerful force in heaven or on earth. It is family prayer that unites the family in unbreakable bonds of love, peace, trust and joy. Father Peyton summed it up well when he often said, “The family that prays together stays together.”

*Selected Scriptures and reflections included in this eBook adapted from Holy Cross Family Ministries annual recitation of "A Family Novena Celebrating Venerable Patrick Peyton's Birth." We invite you to join us every January 1 through January 9th to participate in this beautiful way to begin the new year.*

*Learn more at: [FamilyRosary.org](http://FamilyRosary.org).*



**Family Rosary**  
HOLY CROSS  
FAMILY MINISTRIES

*The family that prays together stays together.*

**FAMILYROSARY.ORG**

# The First Joyful Mystery: The Annunciation



**Mary said, “Behold, I am the handmaid of the Lord; let it be to Me according to Your word.” And the angel departed from Her. (Luke 1:38)**

Blessed Mother, teach our family to place our trust in the extravagant love of God the Father, and to respond to His love by saying "yes" to Him in our daily lives.

*The family that prays together stays together.*



# The Second Joyful Mystery: The Visitation



**"Blessed is She who believed that there would be a fulfillment of what was spoken to Her from the Lord." (Luke 1:45)**

Blessed Mother, give our family the grace to make everything we do in service to each other and to our neighbors in need an act of praise and thanksgiving to God.

*The family that prays together stays together.*



# The Third Joyful Mystery: The Birth of Our Lord



**And [the shepherds] went with haste, and found Mary and Joseph, and the Baby lying in a manger. (Luke 2:16)**

Blessed Mother, God became man in poverty and hiddenness. He even made Himself a little Child, totally dependent on His parents. Teach our family to seek joy in little things, to be grateful for what God has given us, and to find Him in everything that we do.

*The family that prays together stays together.*

# The Fourth Joyful Mystery: The Presentation in the Temple



**"Behold, this Child is set for the fall and rising of many in Israel, and for a sign that is spoken against (and a sword will pierce Your own soul also)..." (Luke 2:34-35)**

Blessed Mother, the joy of gazing upon Your Son was mixed from the beginning with the knowledge that many hearts would reject Him. Awaken our family to receive the love He wishes to give us

*The family that prays together stays together.*



# The Fifth Joyful Mystery: The Finding of the Child Jesus in the Temple



**"How is it that you sought Me? Did you not know that I must be in My Father's house?"  
(Luke 2:49)**

Blessed Mother, Jesus reveals to us the identity of the Father. Inspire our family, and especially all fathers, to seek Jesus with urgency and zeal as You and Saint Joseph sought Him, so that we might become witnesses of the Father's love to each other.

*The family that prays together stays together.*







# How To Pray the Rosary

## Introductory Prayers

Make the Sign of the Cross:

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Holding the Crucifix recite the Apostles' Creed:

I believe in God, the Father Almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of the God the Father Almighty; from there he will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

On the first bead say the Our Father:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Next recite three Hail Marys:

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*The family that prays together stays together.*

# How To Pray the Rosary - cont'd

Finish each set of the introductory prayers with one Glory Be:

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## Praying the Five Decades of the Rosary

At the start of each decade, announce the Mystery (see list below) then say the Our Father. Recite one Hail Mary for each of the ten smaller beads while meditating on the Mystery. Then conclude with a Glory Be.

### The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of Our Lord
4. The Presentation in the Temple
5. The Finding of the Child Jesus in the Temple

### The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

### The Glorious Mysteries

1. The Resurrection
2. The Ascension of Our Lord
3. The Descent of the Holy Spirit
4. The Assumption of Our Lady into Heaven
5. The Coronation of the Blessed Virgin Mary

### The Luminous Mysteries

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

## Concluding Prayers

### Hail Holy Queen:

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

*The family that prays together stays together.*





## Concluding Prayers - cont'd

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that by meditating on these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Conclude the Rosary with the Sign of the Cross.

*The family that prays together stays together.*

## A Little History

Venerable Patrick Peyton began his ministry in 1942 with the goal of building family unity through daily prayer of the Rosary. Inspired by his own father who had a deep appreciation for family prayer, praying the Rosary became the foundation for the life of Father Peyton (1909-92).

We at Family Rosary are ever so grateful Father Peyton's family instilled in him the importance of family prayer. Now it can be part of your family's tradition so you can fulfill Father Peyton's vision, "The Family That Prays Together Stays Together."

### Stay Connected:

Family Rosary@ [familyrosary.org](mailto:familyrosary.org)

Catholic Mom@ [catholicmom.com](mailto:catholicmom.com)

Museum of Family Prayer@ [museumoffamilyprayer.com](http://museumoffamilyprayer.com)

and on our Facebook and Instagram sites too!

**#PraytheRosary #FamilyPrayer #TheGiftofPrayer**



## Bringing Families Together In Prayer

We hope the time you've spent reflecting with this material has been enriching. Continue to pray with your family every day, wherever you are.

For additional online resources for family prayer including additional e-books, inspiring blogs, and the mobile Rosary App, please visit our website at [FamilyRosary.org](http://FamilyRosary.org).

This e-book and all our resources represent a culmination of Father Peyton's passion for family unity through prayer. We hope our services will enhance your family's prayer life, particularly by remembering Father Peyton's famous words, "*The family that prays together stays together.*"