

The Nativity - Study Guide

Diving Deeper:

The Incarnation happens to be the ultimate gift of God himself to humanity, a glimpse of God's burning love for us, what can you offer Him in gratitude? What does it mean to you that Jesus became one of us with the same joys and trials that we face?

What are the things that distract you the most from the true meaning of Christmas? What could you do to stay focused on the fact that Jesus became one of us out of love in this season?

How do you imagine the scenario of the first Christmas with God being born in a stable?

Activity

Classroom Activity

The group leader suggests a reflection on the victory of humility over arrogance, simplicity over abundance, and generosity over selfishness, and then each member of the group writes about their reflections and different ways of practicing humility and how to give to one another with love. Finally, they all share their thoughts.

Everyday Life Activity

In the next few days, think about how you could practice humility, simplicity, love, and generosity at Christmas time. You can also approach an institution to make an act of charity as a volunteer, either by giving away toys, donating clothes or food, etc.

Resources

[5 Things About Christmas with St. Joseph](#)

[A Fr. Mike Christmas](#)

[Bishop Barron on Christmas](#)

[St. John Henry Newman—The Special Charm of Christmas](#)

[What Christmas Means for You](#)