

## The Annunciation

### Diving Deeper

1. What do you think Mary's life was like before she met the angel Gabriel? How did her life change after? What about her life must have prepared her for this moment?
2. Angel means "messenger." God uses angels throughout the Salvation History to communicate His will to humanity. Why do you think God uses angels? Why do you think God uses other humans (like your parents, teachers, friends) to communicate God's love to others - to be messengers in everyday life? What might this tell us about God?
3. What is God asking you to say yes to? Mary was sent on a mission by the angel Gabriel. What might your mission be? How can you prepare now to be open to whatever God has in store for you?
4. Do you notice small things? It's hard to notice God's grace in everyday life if we aren't on the lookout! Write out 10 things from today that you are grateful for. What makes these ordinary things extraordinary? How can you see God at work in the ordinary?
5. The Angel Gabriel declares, "For nothing will be impossible with God." What does this mean for Mary? What does this mean to you? What feels impossible to you right now? Have you entrusted this to God?

### Activities

Do you know about the Litany of Loretto? It is a list of names for Mary put into a prayer format. For this activity, print off the Litany of Loretto then cut up the list so you can each draw one Marian title out of the bowl. Have each member of your group pick one Marian title from the bowl. Research what your Marian title means and print off the traditional image for this title. Then pray your own small litany of Loretto in your group. Start with a Hail Mary and then go around the group and have each person say their Marian title and the rest of the group responds, "pray for us." You could also display the images of your own Litany of Loretto around your classroom.

### Everyday Life Activity

In our episode, we mention that the Annunciation is one of the most painted stories in the Bible. Why do you think this story has captivated artists and sculptures over the years? Find at least five images of the Annunciation throughout history. What do you see as common in these paintings? What is different? Write your observations on the board or on paper and then have a discussion. You could play music in the background and have students look at the images while quiet music plays and they take notes before the discussion.

### Resources

- Liturgical Living Ideas Blog Post: <https://www.catholicculture.org/culture/liturgicalyear/activities/view.cfm?id=639>
- Video: [Giving Your Best Yes \(Like Mary Did\)](#)
- Article: [Tanner's Realistic Annunciation](#) by Elizabeth Lev

- Article: [In times of trial know that nothing is impossible for God, pope says](#)